

SPARK Sample Yearly Plan

Month/ 4-Week Period	Instructional Unit	Recess Activities
September 1	<i>Building a Foundation</i>	Rules of the Play Structure
October 2	<i>Parachute</i>	None
November 3	<i>Manipulatives</i>	None
December 4	<i>Balance, Stunts, and Tumbling</i>	None
January 5	<i>Catching and Throwing</i>	<ul style="list-style-type: none"> • Corn Toss • Monkey in the Middle • SPUD
February 6	<i>Jumping</i>	<ul style="list-style-type: none"> • Hopscotch
March 7	<i>Kicking and Trapping</i>	<ul style="list-style-type: none"> • Kickback • Shoot and Score • Marbles
April 8	<i>Dance</i>	None
May 9	<i>Dribbling, Volleying, and Striking</i>	<ul style="list-style-type: none"> • 2-Square/4-Square • Wallball
June 10	<i>Games</i>	<ul style="list-style-type: none"> • Cat and Mice • Rock, Paper, Scissors Tag • Switcheroo

GRADES K-2