

Yearly Plans

Begin with SPARK's suggested Yearly Plans (SPARKfamily.org) to plot out the course for the year. SPARK provides 2 types of sample Yearly Plans: Standards-Based and Unit-Based.

Standards-Based Yearly Plans (SPARKfamily.org) are grade level-specific plans that align with NASPE standards and support the SPARK PE vision. These plans lead with the primary concepts and primary standards to be addressed. Next are suggested assessments to use to measure your students' mastery of the standards. These are followed by sample *SPARK Activities* that address the specific standards. As activities are simply the "tools" used to address the standards, the choice of activities you teach is flexible. For example, instead of the suggested *Softball Activities* to address throwing and catching standards, you might choose *Football Activities*. These sample Yearly Plans are written in a weekly format and are also flexible in the amount of time you spend on each standard.

Sample of Standards-Based Yearly Plan (6th Grade)

Week <i>*Suggestion only; adjust to your teaching schedule</i>	Primary Concepts Addressed	Primary Standards Addressed	Suggested Assessments	SPARK Activities	Unit
1	Procedures	<ul style="list-style-type: none"> Identify practices and procedures necessary for safe participation in physical activities. Participate productively in group physical activities. 	<ul style="list-style-type: none"> Peer Coach Task Card (Cooperatives) 	<ul style="list-style-type: none"> Fun and Fitness Circuit Perimeter Move 5-Spot Warm-Up Human Pizza Rock, Paper, Scissors 	<ul style="list-style-type: none"> ASAP ASAP ASAP Cooperatives Cooperatives
On-going 2	Self-Responsibility	<ul style="list-style-type: none"> Participate productively in group physical activities. Evaluate individual responsibility in group efforts. 	<ul style="list-style-type: none"> Coulda, Shoul'da, Woulda (Cooperatives) Teacher Rubric (Cooperatives) 	<ul style="list-style-type: none"> Radio Control Phone Home Pattern Passing Turnstile Boulder Runner 	<ul style="list-style-type: none"> Cooperatives (all 5 activities)
On-going 2	Social Interaction	<ul style="list-style-type: none"> Identify and define the role of each participant in a cooperative physical activity. 	<ul style="list-style-type: none"> Self-Check (Cooperatives) Teacher Rubric (Cooperatives) 	<ul style="list-style-type: none"> Moon Ball Centipede Pass Adventure Racing 101 Poker Adventure Race Flag Grab Hoopla Adventure Race 	<ul style="list-style-type: none"> Cooperatives (all 6 activities)